

## Case studies in acute illnesses

People are of the opinion that homoeopathy works only for chronic diseases. This is untrue. Here are a few examples of how effective it is in acute illnesses also.

1. Case of herpes zoster: On 12/5/16 Mr S. D. sent me a picture of right side of his chest & back. He had blisters which I diagnosed as herpes. Based on his symptoms I gave him medicine called Sulphur 200. He was alright in a week's time. Many times herpes is followed by post-herpetic neuralgia which didn't happen in his case. So his recovery was very fast.
2. Case of pneumonia: On 23/6/03 Ms P.J. came with high fever, cough & pain below right breast on coughing & deep breathing. I got her CBC & Xray chest done which showed the white blood cell count to be 13,300 (Normal is 4000 to 11000). Xray showed right upper zone consolidation. Based on her symptoms I gave her medicine called Bryonia 200. Fever subsided in 2 days & she had a complete recovery in 10 days without any antibiotics.
3. Case of acute asthma: On 25/8/15 three yr old baby V.K. came for bad cough & cold. I gave him some medicine but by evening he became worse & got an attack of asthma. Mother called me & asked if she should take him to hospital for nebulization. I told the mother to come on Skype. I saw the child was leaning backwards & was cranky. He hadn't had any water since morning & had only eaten only apples. I gave him medicine called antimony tartaricum 1M. Within half an hour child went to sleep, didn't need any nebulization & was fine.
4. Case of septic tonsillitis: On 11/3/15 nine yrs old H.K. came with temperature of 103 degrees. He couldn't eat as he had pain on swallowing. On examination both his tonsils were covered with a thick white membrane. I gave him medicine called hepar sulph 200. He was fine in 2 days & went to school on the third day.
5. Case of dengue: On 7/11/14 I visited Ms E.D. who had high fever. Her NS1 test for dengue was positive, WBC was 1960 (Normal is 4000 to 11000) & platelets were 90,000. I gave her medicine called Cinchona 1M. Slowly her WBC became normal & she was fine in a week's time.
6. Kidney stone: On 5/4/16 an old patient called me from Pune saying that her husband M.F.H was going in for surgery for a 8.4 mm stone which was stuck at the right ureterovesical junction. His right kidney was swollen because of the obstruction by the stone. She asked if I could do something. I told her to postpone the surgery for the time being. I gave him medicines called silicea & hydrangea. Within a few days his urine became cloudy. As he was travelling to Germany the sonography was repeated after a month, which showed that the obstruction had cleared, the swelling of the kidney had gone & the stone had now entered the urinary bladder. Then I prescribed Berberis Vulgaris after which the stone came out in the urine after a week. So surgery was avoided.
7. Fear: 5 yr old V.S. was looking at the Diwali fireworks from his window. Suddenly a flying cracker burst near his right eye. He was taken to hospital where his eye was attended to & some eye drops were prescribed. After reaching home for 2 weeks he refused to open his eyes. He would move around the house like a blind person. He was in such a state of shock that no amount of explanation would make him open his eyes. His mother out of frustration called me asking if I could help. I told her to give him Aconite 10M. Within 10 mins of taking the medicine he opened his eyes & smiled.

8. Gastroenteritis: Mrs M. called me & said she had some roadside sandwich 2 days back. She had had 10-11 loose motions in the night. It was foul, watery. At times she wouldn't even get the urge. She would get up from the bed & would pass stool involuntarily on the bed. She was weak, exhausted & dehydrated. I gave her Aloes 200. She was fine in 2 hours time.
9. Urticaria: On 15/4/05 Ms A.G. came with blotches of redness all over her body. She had intense itching & was very restless. She was unable to sleep & was bathing 4-5 times in a day to get relief from the itching. I gave her Sepia, Arsenic Album & Ignatia without any relief. On 21/4/05 she told me that she had forgotten to mention that she is allergic to citrus fruits & sour things. Based on that I gave her Nux Vomica 1M. She left my clinic & within 10 mins she called that she is better. The urticaria never came back.
10. Malaria: On 12/7/14 Ms J.S. came with history of recurrent malaria. She had taken full course of chloroquine & primaquine. In spite of that fever would recur every 15 days. Smear for MP showed plasmodium vivax. She would get fever with rigors on alternate days. Temperature would go upto 104.6. Based on her history I gave her Sepia 1M. That was the last time she had malaria.